



WINTER SPORTS IN SHIGA KOGEN



Shiga Kogen is a mountainous area that is part of Joshinetsukogen National Park in northern Nagano Prefecture. It is one of Japan's top winter destinations and was designated a Man and the Biosphere Reserve by the UNESCO in 1980. It is recognized as a regional model for the coexistence of nature and society.

Day 1: Tokyo / Nagano / Shiga Kogen:

Departure from Tokyo station for Shiga Kogen in the morning (about 3h30).

Train: Tokyo - Nagano: about 1h30

Bus: Nagano to Shiga Kogen: about 1:45.

Shiga Kogen is a very popular destination in winter, and boasts 18 ski resorts with a total of 84 courses, the longest of which stretches for over 5 km.

Activities and meals at your convenience. Dinner and night at the hotel.

Activation of your 3- or 4-day lift pass.

Possible options (see us for more information)

- ✧ Winter sport equipment rental.
- ✧ Ski or snowboard lessons in English available

**Other sports or activities might be available on request.*



Day 2: Shiga Kogen

Breakfast.

Activities and meals at your convenience.

Dinner and night at the hotel.

Day 3: Shiga Kogen

Breakfast.

Activities and meals at your convenience.

Dinner and night at the hotel.

Day 4: Shiga Kogen / Nagano / Tokyo

Breakfast and check-out.

Activities and meals at your convenience.

Departure from Shiga Kogen for Tokyo Station (about 3h30).

Bus: Shiga Kogen - Nagano: about 1h45

Train: Nagano - Tokyo: about 1h30

We are here to help you plan and achieve your wishes.
We can shorten or extend your stay, or add other destinations.

Do you enjoy freedom and **lack of constraints**?
We can leave you with a personalized list of interesting activities and locations, giving you the freedom to wander around as you please during your stay.

Do you want a bulletproof plan and **hassle-free getaway**?
We can arrange everything for you in advance, whether it be reserving activities, luggage shipments, car rental or guided tours, and more.

Feel free to contact us for a personalized itinerary