



## WINTER SPORTS IN SHIGA KOGEN



**Shiga Kogen** is a mountainous area that is part of Joshinetsukogen National Park in northern Nagano Prefecture. It is one of Japan's top winter destinations and was designated a Man and the Biosphere Reserve by the UNESCO in 1980. It is recognized as a regional model for the coexistence of nature and society.

### **Day 1: Tokyo / Nagano / Shiga Kogen :**

Departure from Tokyo station for Shiga Kogen in the morning (about 3h30).

Train: Tokyo - Nagano: about 1h30

Bus: Nagano to Shiga Kogen: about 1:45.

*Shiga Kogen is a very popular destination in winter, and boasts 18 ski resorts with a total of 84 courses, the longest of which stretches for over 5 km.*

Activities and meals at your convenience. Dinner and night at the hotel.

Activation of your 3- or 4-day lift pass.

### **Possible options (see us for more information)**

- o Winter sport equipment rental.

- o Ski or snowboard lessons in English available

*\*Other sports or activities might be available on request.*

### **Day 2: Shiga Kogen**

Breakfast.

Activities and meals at your convenience.

Dinner and night at the hotel.



**Day 3: Shiga Kogen**

Breakfast.

Activities and meals at your convenience.

Dinner and night at the hotel.

**Day 4: Shiga Kogen / Nagano / Tokyo**

Breakfast and check-out.

Activities and meals at your convenience.

Departure from Shiga Kogen for Tokyo Station (about 3h30).

Bus: Shiga Kogen - Nagano: about 1h45

Train: Nagano - Tokyo: about 1h30

We can shorten or extend your stay, or add other destinations.

Do you enjoy **freedom and lack of constraints**?

We can leave you with a personalized list of interesting activities and locations, giving you the freedom to wander around as you please during your stay.

Do you want a bulletproof plan and **hassle-free getaway**?

We can arrange everything for you in advance, whether it be reserving activities, luggage shipments, car rental or guided tours, and more.

Don't hesitate to contact us for a personalized itinerary.