



FRANCE TRAVEL CENTER S.A.
LICENSE NO.2-3881

Oze and Minakami Onsen – 2 days and 1 night: Itinerary example

Autumn foliage season: Mid-september - End of October
Best time to visit: End of September - Mid-October

Located in the center of Japan, Oze is an immense national park stretching over the prefectures of Tochigi, Gunma, Fukushima and Niigata. During the Autumn, Oze's mountains and forests display vivid colors and the month of October is peak season for hiking. The thermal sources of Minakami Onsen are located just a few kilometers away making them the perfect destination to relax after long walks while enjoying the season's unique scenery.



Oze

Photo courtesy of Oze no sato Katashinamura



Day 1 - Tokyo / Oze / Minakami Onsen

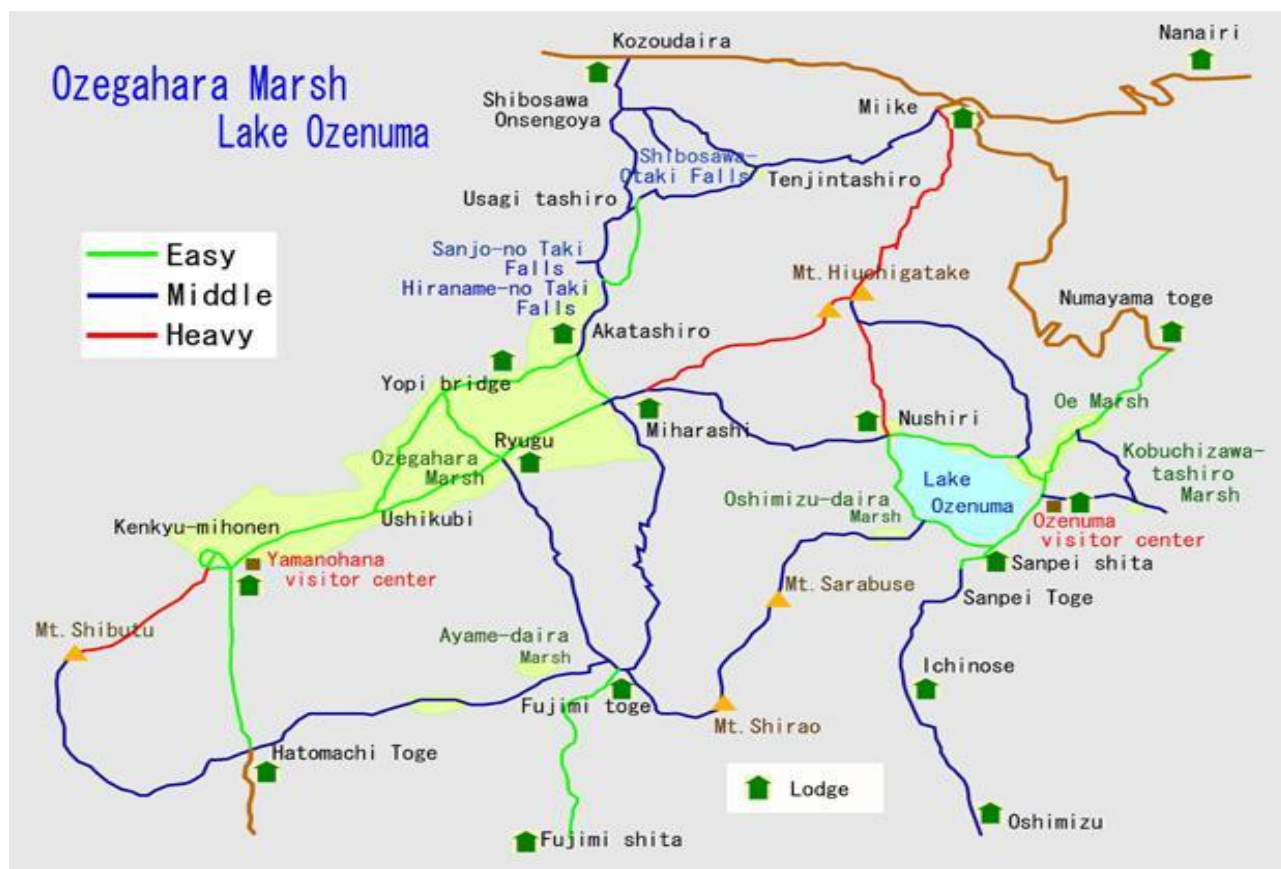
Departure for Oze by car (about 3 hours).

Scheduling of sightseeing and meals are at your convenience.

Oze National Park is a destination where visitors can enjoy a variety of natural sceneries including vast swamps, lakes, alpine areas as well as high waterfalls.

Suggested hiking trails: Hiking in Oze between Hatomachi pass and Ozegahara

Most of the hiking trails in this zone are well maintained with installations such as rest areas and benches along the way making them easy to walk. Autumn foliage season starts in the beginning of September at Mount Shibutsu and mid-September at Ozegahara.



- Hiking trail 1 : Hatomachi Pass ~ Yamanohama ~ Ushikubi ~ Yamanohama ~ Hatomachi Pass (11km, mean duration 4h)
- Hiking trail 2 : Hatomachi Pass ~ Yamanohama ~ Ushikubi ~ Ryugu ~ Yopi Bridge ~ Ushikubi ~ Yamanohama ~ Hatomachi Pass (17km, mean duration 6h30)



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Hiking trail description :

The walks begin at Hatomachi Pass towards "Yamanohana". Information about the Oze's fauna and the flora and meteorological conditions can be found at the Oze-Yamanohana Visitor Center. You will also find a mountain chalet there where you can take a break and have lunch.

From Yamanohana, walk along the swamp until you reach the first intersection "Ushikubi". You can continue your walk up to the "Ryugu" intersection and then the "Yopi" intersection. If you do not have much available time left or based on your physical condition, you may then return to Hatomachi via "Ushikubi".

After returning to Hatomachi Pass, departure for Minakami by car (about 1h45).

Minakami Onsen is a hot spring located in Minakami city in the prefecture of Gunma and is one of the main hot springs of Gunma prefecture along with Kusatsu and Ikaho.



Oze Takumi no sato

Photo courtesy of Minakami Tourism Association

Dinner and night at the ryokan.



Day 2 - Minakami Onsen / Tokyo

Breakfast at the ryokan.

Scheduling of sightseeing and meals are at your convenience.

Suggested visits :

- **Takumi no Sato**

During the Edo period, Takumi no Sato was a staging post along the ancient Mikuni Road where people could stop to rest. Nowadays a variety of activities are available such as soba noodle-making and fruit-picking. There are also shops and gallery arcades selling local products. The best time of the year to enjoy the autumn foliage is from the beginning of November to mid-November.

- **Terihakyo (Teriha Gorge)**

Also known as "Oirase of Kanto", the canyon boasts 11 large and small cascades over a distance of 5 kilometers. This area has no parkings nor sidewalks and each year visitors come to enjoy the scenery from their cars. Autumn leaves start to appear in the beginning of October and the best time to see them is from mid-October to the end of October.

- **Suwakyo (Suwa Gorge)**

From the Sasabue suspension bridge located on the walking path along the river you can admire the view on Mount Tanigawa. Autumn leaves start to appear at the end of October and the best time to see them is beginning of November.

- **Mount Tanigawa Ropeway**

Mount Tanigawa is one of the 100 most famous mountains in Japan. You can enjoy a 10-minute ropeway ride to Tanigawadake Tenjindaira while enjoying the view on the summit of the mountain. You can reach Tenjin pass at an altitude of 1,502 meters by taking an elevator. Autumn leaves start to appear in the beginning of October and the best time to see them is until the end of October.

Departure for Tokyo by car.

We are here to help you plan and achieve your wishes.
We can shorten or extend your stay, or add other destinations.

Do you enjoy freedom and **lack of constraints**?
We can leave you with a personalized list of interesting activities and locations, giving you the freedom to wander around as you please during your stay.

Do you want a bulletproof plan and **hassle-free getaway**?
We can arrange everything for you in advance, whether it be reserving activities, luggage shipments, car rental or guided tours, and more.

Feel free to contact us for a personalized itinerary