



FRANCE TRAVEL CENTER S.A.
LICENSE NO.2-3881

Aomori - 3 days and 2 nights: itinerary Sample

Autumn foliage season: Early October - Late October

Best times to visit: Mid-October - Late October

Early October - Mid October (Hakkoda and Sukayu Onsen)

Aomori is one of the most popular destinations in Japan to admire the autumn colors. Explore the most famous hiking trails of Aomori's National Parks and let yourself be taken by the sounds of the water while enjoying the foliage's vibrant colors. For nature lovers, there may be no better escape.



Jougakura Bridge (Aomori)

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Day 1 - Tokyo / Aomori

Departure in the morning for Aomori.

Scheduling of sightseeing and meals are at your convenience.

Aomori, in the north of the Tohoku region, is considered to be one of the most agreeable cities in Japan. This city offers snowy peaks conducive to winter sports as well as temperate climate suitable for hiking and bicycle-riding and many other activities when the weather gets warmer.

Car rental upon arrival.

Suggested itinerary:

- **Furukawa fish market**

Visit this market, buy a bowl of rice and discover a variety of seafood products, all freshly fished.

- **The Nebuta Museum WA-RASSE**

This museum is dedicated to the famous Nebuta Matsuri, a festival that takes place every year at the beginning of the month of August. The museum is housed in a unique building covered with red metal laths, and presents the know-how of the artisans that built the marvelous Nebuta chariots.

- **Aomori Museum of Art** (closed on the 2nd and 4th Mondays of the month).

The artists of Aomori prefecture are showcased in the permanent collection of this museum. The artworks on display include those of pop icon Yoshitomo Nara, woodblock printmaker Munakata Shikô, and of Tohl Narita, creator of most of the monsters of the TV-series Ultraman.



Nebuta Warasse (Aomori)

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Night at the hotel.



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Day 2 – Aomori

Breakfast at the hotel.

Scheduling of sightseeing and meals are at your convenience.

Departure for Mount Hakkoda (about 50 min).



Hakkoda (Aomori)

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Suggested itinerary:

- **Mount Hakkoda**
This volcanic mountain range is listed as one of the 100 most famous mountains in Japan. Mount Hakkoda is well known for its seasonal beauty that can be admired while hiking and enjoying hot springs. It's one of the first areas in the Tohoku region to display its autumn colors every year.
- **Jougakura Bridge**
This 360m bridge is the longest arch-type bridge in Japan. A beautiful view on the Jyogakura-Keiryu river can be enjoyed from it. During autumn foliage season, you can admire the vividly tinted mountain forest of Towada-Hachimantai National Park.
- **Sukayu Onsen**
This place is known for having the most ancient hot spring of Aomori. The giant 264 square meter mixed-gender bath, "Sen-nin-buro", literally "1000-person bath," is entirely made of cypress.



- **Jigoku Swamp**

This hot spring is located in the crater of a volcano and its water is slightly above 98°C (208°F). The view in autumn is impressive. Needless to say, bathing is not an option.

Continuation to Tsutanuma (about 25 min).



Tsutanuma pond (Aomori)

©Image by 2074827 from Pixabay

Suggested itinerary:

- **Tsutanuma Swamp**

It is one of the 7 swamps of Tsuta in the Aomori prefecture and is located at the foot of Mount Hakkoda. This swamp is famous for the incredible clarity of its water. In autumn the red leaves are reflected on the transparent surface of the water creating an atmosphere from another world.

Continuation to Oirase (about 40 min).

Night at the hotel.



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Day 3 - Aomori / Tokyo

Breakfast at the hotel and check-out.
Scheduling of sightseeing and meals are at your convenience.

Suggested itinerary:

- **Oirase River**

It is the only river to have its source in Lake Tsutanuma. From the west side, the river flows towards the north through a very wooded valley over a distance of 14 kilometers. The 9-kilometer hike* between Ishigedo and Nenokuchi is a must if one wants to discover the mysteries and beauty of this natural treasure. In the autumn, the leaves take flamboyant red and yellow colors, making the scenery one of the most beautiful of the Tohoku region.

** The hike is of intermediate difficulty and lasts 3 hours. A bus allows you to return to the starting point.*



Oirase River (Aomori)

Rental car return and back to Tokyo.



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We are here to help you plan and achieve your wishes.
We can shorten or extend your stay, or add other destinations.

Do you enjoy freedom and **lack of constraints**?
We can leave you with a personalized list of interesting activities and locations, giving you the freedom to wander around as you please during your stay.

Do you want a bulletproof plan and **hassle-free getaway**?
We can arrange everything for you in advance, whether it be reserving activities, luggage shipments, car rental or guided tours, and more.

Feel free to contact us for a personalized itinerary