

# Miyazaki –2 days: Sample itinerary

Fall foliage period: Early October - Late November

Peak period: Mid-November - End of November Mid-October - Mid-November (Aya Teruha bridge / Ebino plateau)

On Kyushu Island, the colors of autumn in the middle of volcanoes and crater lakes. Takachiho Gorge decorated with red maple trees and golden ginkgo leaves.



Sekinoo falls (Miyazaki)



# Day 1 : Tokyo / Miyazaki

Morning departure to Miyazaki by plane (about 1h45).

Sightseeing and meals are on your own.

*Miyazaki, in the south-east of Kyushu Island, is a railway crossroads and an important seaport. It centralizes and exports local agricultural products. Miyazaki is one of the oldest Shinto pilgrimage sites in Japan, the Miyazaki-jingu, dedicated to the first Emperor.* 

Car rental at Miyazaki airport. Hit the road to the Aya Teruha bridge (about 1h15 drive).

Suggested visits :

### • The Aya Teruha suspension bridge

This bridge is one of the largest suspension bridges in the world and stretches for 250 meters and reaches 142 meters above the surface of the river. You can take a walk in the air and admire the wonderful Teruha forest, which was designated as a UNESCO ecological park in 2012.

### • The Ebino plateau

This plateau is located in the southwest of Miyazaki and has a rocky ridge 12 kilometers long that can be walked via a hiking trail (about 1h30-2h).

#### • les chutes de Sekinoo

Located in Kirishima Geopark, Sekinoo Falls is one of the largest and most powerful waterfalls in Miyazaki. In autumn, the view with the red leaves is impressive.

Continue to the center of Miyazaki (about 2 hours).

Night in hotel.

## Day 2 : Miyazaki

Breakfast at the hotel. Sightseeing and meals are on your own.

Hit the road for Takachiho (about 2h30 drive).

Suggested visits :

### • Takachiho Gorges

These gorges are a narrow chasm cut through the rock by the Gokase River. The steep cliffs that line the gorge are made of volcanic basalt columns that look like dragon scales. The vegetation, which clings wherever it can, perfects the romantic atmosphere that emanates from the place.

## • The observation platform of Kunimigaoka.

It offers panoramic views of the Takachiho Basin, and in autumn, when the weather is favorable, you can admire the Unkai (meaning "sea of clouds" in Japanese) early in the morning.



## • Ama-no-Iwato shrine

This shrine is located in a cave bathed by the Iwato River. According to the oldest Japanese chronicles, it is the place where the goddess Amaterase bathed causing darkness on the earth.



Takachiho Gorge (Miyazaki)



Drive to Miyazaki airport to return the rental car.

At the end of the day, return to Tokyo.

We can shorten or extend your stay, or add other destinations.

Do you enjoy **freedom and lack of constraints**? We can leave you with a personalized list of interesting activities and locations, giving you the freedom to wander around as you please during your stay.

Do you want a bulletproof plan and **hassle-free getaway**? We can arrange everything for you in advance, whether it be reserving activities, luggage shipments, car rental or guided tours, and more.

Don't hesitate to contact us for a personalized itinerary.