



FRANCE TRAVEL CENTER S.A.
LICENSE NO.2-3881

Farm stay in Mima, Tokushima

2 days and 1 night: Itinerary example

Best time for Yuzu picking : October and November



Yuzu

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Mima is famous for having been the first city to offer farm stays in the Tokushima prefecture. It is also the first city in the regions of Shikoku and Chugoku to have been recognized for its agricultural world heritage. Its famous agricultural products are yuzu, grapes and hassaku oranges. The months of October and November are perfect to experience authentic "rural life" in this region as yuzu are picked in the autumn.

Treat yourself to an unforgettable experience close to nature and respectful of the environment.



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Day 1 : Tokyo / Takamatsu / Mima

Departure for Takamatsu by plane in the morning (about 1h50).

Car rental at Takamatsu airport.

Located by the Seto Inland Sea, Takamatsu used to be the main entry point to Shikoku until the opening of the Seto Ohashi Bridge in 1988. Despite having suffered from severe bombings which caused the destruction of its castle during World War 2, its main attraction, Ritsurin-koen, a magnificent garden dating back to the Edo period, was spared.

Scheduling of sightseeing and meals are at your convenience.

Road to Mima city (about 40 minutes).

Along the way, stop by the famous Ritsurin garden.

- **Ritsurin garden**

Founded in 1625, the construction of Ritsurin garden took more than 100 years. With its 75 hectares, it is the largest garden in Japan and many want to see it added to the list of the 3 most beautiful gardens of the archipelago. The garden is divided in 2 sections, the southern part is in traditional Japanese style and the northern part in western style with Mount Shiun forming its backdrop. Scattered with ponds and bridges and traditional tea houses where you can taste matcha (green tea) and Japanese sweet delicacies, the garden's landscape varies according to the season. A quick tour takes about 1 hour, a complete one about 2 hours.



Ritsurin garden (Takamatsu) © Lilac and Honey <https://creativecommons.org/licenses/by-nc-nd/2.0/>

Lunch at Takamatsu and road to the city of Mima (about 40 minutes).

Arrival at Mima in the afternoon and beginning of your homestay (in Japanese room).



Help preparing the meal, dinner and night in a Japanese room.

Day 2 : Mima / Tokyo

Breakfast.

Agricultural activity :

- Yuzu picking (October to November)
- Chestnuts picking (October)

Then take the road to the historical city of Udatsu (about 30 minutes by car).

- **Udatsu street, Wakimachi city**

Udatsu street, located in the ancient castle-city of Wakimachi, evokes with its historical buildings, the times when the city was a prosperous merchant center. Merchants would sell a variety of products but a lot of them would make their fortune selling indigo.

- **Indigo dyeing activity in Udatsu (duration: 1 hour)**

You can dye your own indigo handkerchief with your own design (reservation required). You may also enjoy yourselves creating accessories such as coasters using dyed cloth and thread.

Return to Takamatsu airport and return flight to Tokyo.

***Possibility** to extend your stay in Tokushima by hiking at Mount Tsurugi that lies at the eastern end of Iya valley.

Mount Tsurugi is the second highest mountain in the island of Shikoku. The ascent may be considered too easy for seasoned trekkers but suits very well those looking to enjoy rugged landscapes and the great outdoors at medium altitude.

Or you may want to continue your trip in the **Iya valley** (see our existing programmes).

We can shorten or extend your stay, or add other destinations.

Do you enjoy freedom and **lack of constraints**?

We can leave you with a personalized list of interesting activities and locations, giving you the freedom to wander around as you please during your stay.

Do you want a bulletproof plan and **hassle-free getaway**?

We can arrange everything for you in advance, whether it be reserving activities, luggage shipments, car rental or guided tours, and more.

Feel free to contact us for a personalized itinerary !